



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

CAPOEIRA INTERNATIONAL SPORTIVE CODE

PART I

THE PRELIMINARY DETERMINATIONS

ARTICLE 1st – The present Code was created in a General Meeting of International Federation of Capoeira – FICA, which was held on May 8th and 9th, 1993, in Salvador, Bahia, when the First Technical Seminar for National Regulation of Capoeira was adapted to the philosophical procedures from the First National Forum of Tendencies and Debates; Non Regulation of Capoeira Competition, which happened in Guarulhos, SP, on 9th and 10th of December, 2004, being revised and spread, by the Technical and Refereeing Board of Directors, and Competitions from Brazilian Confederation of Capoeira on 27th of July, 2008, being ratified by the II and III National Technical Congresses of Capoeira and by the I, II and III International Technical Congresses of Capoeira, which happened respectively from 3rd to 6th of June, 1998, in São Paulo, SP, from 15th to 18th of November, 2001 in Vitória – SP, Brazil and from 10th to 11th of July, 2001, in Lisbon, Portugal and by the I, II and III Capoeira Referee Convention, which took place respectively from 28th of April to 1st of May, 2000 in São Paulo, SP, from 29th of April to 1st of May, 2001 in Diadema, SP, and from 20th to 22nd of May, 2004 in Araras, SP, and it was adopted and recognized as International Sports Code of Capoeira. A new revision was created when the IV International Technical Congress took place from 09th to 12th of February, 2006, having representatives from the following countries: Germany, Portugal, USA, Cape Verde, Singapore, Thailand, Philippines and Brazil, in which International Regulation of Capoeira was unified to International Sports Regulation of Capoeira resulting in this document named International Sports Code of Capoeira.

Single Paragraph - This code is publicly registered, according to the present laws, being considered technical and intellectual production of International Federation of Capoeira, , being forbidden its total or partial reproduction without its approval.

ARTICLE 2nd – We understand as Capoeira aiming at International Federation Statute of Capoeira, the different sports aspects, educational, playful, therapeutic, artistic, cultural, mystic, philosophical and folkloric without distinction of style, Martial Arts of genuine Brazilian root, that considering its formation process, structure and fundamentals reach characteristics from Formal and Informal Sport also having or have had other denominations or name derivate as well as others which can occasionally appear, all under its coverage of activities, which is particular in a system of defense and attack, and it can be used as Art, Dance, Gymnastics, Fight and Game, individually, double or groups, through rhythmic and constant movements with agility, flexibility and body control, moving back, insinuation and falls, using any part of the body, specially legs, arms and head having as basic movement the ginga (body movement typical of capoeira and other kinds of dance). It is practiced together with musical instruments, considering the traditional standards for Capoeira Angola and Capoeira Regional, which the use of berimbau is essential.

First Paragraph - The current Code will be directed only to Capoeira Formal Association.

Second Paragraph – By the approval of the I International Technical Congress, Capoeira was recognized internationally as: “Cultural Sport”, “Traditional Sport” and “Identity Sport”.

Third Paragraph – It is understood as “Sport” aiming at this Code, all physical activity, of competitive nature, ruled by national and international laws and by national and international management institution, in this specific case, International Federation of Capoeira– FICA.

Fourth Paragraph – It is understood as “Sport”, aiming at this Code, all physical activity, practiced specially as entertainment, without having competition rule aspect and without being managed by administration entities and sports direction.

Fifth Paragraph – It is understood as “Championship” aiming at this Code, the direct fight among capoeiristas (the ones who practice Capoeira), where all participants compete among themselves.

Sixth Paragraph – It is understood by “Tournament” aiming at this Code, the direct fight among capoeiristas, where by special techniques, a time reduction is obtained and there is fight only among some of them.

Seventh Paragraph – It is understood by “continuous presentations” aiming at this Code, the capoeiras participation in the sports activity where they will obtain a sum of points in their participations.

Eight Paragraph – According to the international conventions and sports legislation, it is established that the “Capoeira Sports System”, which will join International Federation of Capoeira, Brazilian Confederation of Capoeira, the National Federations, the State Federations, Municipal and Regional Leagues and the Practical Entities, both of them linked by technical nature, established by uniform, grades, level of students and instructors and official names and others, being all recognized by FICA.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

ARTICLE 3RD - Capoeira is a Sport of National Creation and being so it is inserted in the possessions which are part of the cultural patrimony of Brazilian people.

Single Paragraph - It is considered a depreciation of the cultural patrimony, the act of its teaching or a Capoeira Technician without proper qualification as well as having it in competition without observing what is strictly defined by this Sports Code.

ARTICLE 4TH – This Code will give to all its participants the capacity to develop its playful, martial, rhythmic, musical, artistic, folkloric, civic and education aspects, through the observation of mind-body development, cognitive and sociability aspects, obtained by traditional rituals already recognized by Capoeira Art, preserving mainly, its historic, social and cultural values.

Single Paragraph - It will always be looked as a main objective from this Sports Code, the search for international aims of “FAIR PLAY”, as: clean, fair, beautiful and honest game considering the aspects of traditional game strategies of Capoeira, obtained by “ginga, finta, negaças, artimanhas (typical terms for Capoeira movements).

ARTICLE 5TH – The International Federation of Capoeira– FICA has as institutional mission, organize Capoeira in a worldwide basis, through standardization of technical, cultural, sports, educational and administrative procedures. All these are based on an anthropological research to have all its cultural aspects back, being this way a reference center, preserving the spreading of its fundamentals, ritual and tradition to everybody (individuals and legal entities), who are linked or recognized which will be named International Sports System of Capoeira.

ARTICLE 6TH – FICA still has as social aims:

A- Establish International Sports Code of Capoeira which will be applied in all countries, and establishes general procedures of technical, cultural and sports standardization based on what was defined by OLYMPIC LETTER, issued by International Olympic Committee and it is directed to the competitive events, which will be obligatory to everybody (individuals and legal entities) which are linked and recognized, no matter if it is an official or everyday event.

B- Administrate, discipline and supervise Capoeira sports activities all over the world, as well as the application of its competitive rules according to the ones established by the Fair Play, for an honest, clean and fair game, according to what is established by Martial Art Worldwide Union and International Olympic Committee.

C- Establish criteria, competences, knowledge and specific skills for the formation, evaluation and quality in formation of Technicians, Trainers, Physical Trainers, Teachers (Graduated, Responsible, Instructors, Foreman and Masters), Arbitrator (State, National and International), and students in several levels, registering them and spreading their specific technical skills through a unique document of identification.

ARTICLE 7TH - Capoeira is internationally recognized as a Sport of National Creation, which started in Brazil and being so, it belongs to our history contents concerning its formation and colonization, since it is the result of the mixture among different races: Indians, Portuguese and Africans and must be protected and motivated

First Paragraph - Because of its insertion in the historical process of Portuguese nation during the colonization period in Brazil, and because it has received from this nation its cultural influence, it is also part of the cultural history contents of Portugal.

Second Paragraph - According to what is said in this Article, Capoeira is recognized internationally as:

A- Cultural Sport

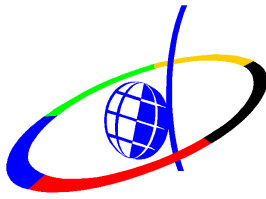
B- Ethnic Identity Sport

C- Traditional Sport

ARTICLE 8TH – It is considered as a regular practice of Capoeira, its cultural manifestation related to learn-teach system, when there is one or more instructors, the group of teachers or instructors, where a graduation system of students as well the ones who provide the course is established. Uniforms and visual symbols are required independent from where they are, and the place needs to be registered in the authorized organization.

ARTICLE 9TH – It is considered as non-formal Capoeira sports practice, its cultural manifestation, without any of the established requirements imposed by the preceding article, which is being practiced in an open space, just for pleasure and implies in freedom to whom is practicing it.

ARTICLE 10TH – FICA and all National Entities of Sports Administration will be able to commercialize freely their symbols or trademarks in industries and commerce of all pedagogical material, books, CDs, musical



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

instruments, uniforms, ropes, cord, adornment, , equipment, accessories since they obey the technical standards defined in International Technical Congresses.

First Paragraph – Each national administration entity will use commercially speaking, its symbol associated to FICA's when producing the material mentioned in this Article in its Jurisdiction.

Second Paragraph – It is considered first ranked material the ones which are industrialized according to technical specification and provides the guarantee stamp with FICA symbol.

Third Paragraph – All material that is not under the technical specification which is stated in this Article and preceding Paragraphs will be considered as second rank.

Fourth Paragraph – It is FICA privilege the direct negotiation with companies aiming at material industrialization and distribution stated in this Article, since approved by its Technical Committee and under the established standards also in this Article.

Fifth Paragraph – The symbols of Sports Administration Entities are their legal property and it is strictly forbidden their use without their formal authorization.

Sixth Paragraph – To carry out the preceding Paragraph, each entity from the Sports Administration should send copy of its symbols to be registered at FICA.

Seventh Paragraph – The cases of sports sponsors will be ruled according to specific criteria, always considering that the entity which organizes the event has the priority.

PART II

OFFICIAL NOMENCLATURE FOR MOVEMENTS

ARTICLE 11 – The Official Nomenclature for Movements is established in order to preserve Capoeira cultural heritage, through its knowledge and its specific activities related to body movements that have appeared in an organizational process, as a reference for learning tasks, sports training and refereeing, and because of these they can only be taught in Portuguese language, being divided in two parts:

A- Historical nomenclature

B- Official Nomenclature

ARTICLE 12 – The Historical Nomenclature was obtained in a research done through the first writers in Capoeira, as: Plácido de Abreu, Coelho Neto and Annibal Burlamaqui (Zuma). It can be spread considering the evolution in scientific reserches.

First Paragraph – From Plácido de Abreu¹ – 1886 Trastejar, Caçador, Rabo de Arraia, Moquete, Banho de Fumaça, Passo de Sirycopé, Baiana, Chifrada, Bracear, Caveira no Espelho, Topete a Cheirar, Lamparina, Pantana, Negaça, Ponta-pé and Pancada de Cotovelo.

Second Paragraph – From Apócrifo² – 1904: Pronto, Chato, Negaça de Inclinar, Negaça de Achatar-se, Negaça de Bambear to right or left, Negaça de Crescer, Pancada de Tapa, Pancada com o Pé, Pancada de Punho, Pancada de Tocar, Rasteira Antiga, Rasteira Moderna e Defesas.

Third Paragraph – From Coelho Neto³ – 1928: Cocada, Gampeamento, Joelhada, Rabo de Arraia, Rasteira, Rasteira de Arranque, Tesoura, Tesoura Baixa, Baiana, Canelada, Ponta-pé, Bolacha Tapa Olho, Bolacha Beijo Arriba, Refugo de Corpo, Negaça, Salto de Banda e Banho de Fumaça.

Fourth Paragraph – From Annibal Burlamaqui (Zuma)⁴ (4) , the responsible for the first Sports Code – 1928: Guarda, Rasteira, Rabo de Arraia, Corta Capim, Cabe;acada, Facão, Banda de Frente, Banda Amarrada, Banda Jogada, Banda Forçada, Rapa, Baú, Tesoura, Baiana, Dourada, Queixada, Passo de Cegonha, Encruzilhada, Escorão, Pentear ou Peneirar, Tombo de Ladeira ou Calço, Arrastão, Tranco, Chinha, Xulipa, Me Esquece, Vão do Morcego, Espada e Suicídio.

¹ Abreu, Plácido. Os Capoeiras, Rio de Janeiro, Printing works School of Serafim José Alves Editor, 1886

² This text from one unknown author was mistaken for decades by the initials: ODC which means I offer, dedicate and consecrate, very common at the beginning of books at that time.

³ Coelho Neto. Bazar, Nosso Jogo (Our Game)Rio de Janeiro, Chardron Bookstore, from Lello & Irmão, 1928 – Burlamaqui Annibal. National Gymnastics (Capoeiragem) Methods and Ruled by Annibal Burlamaqui. Rio de Janeiro, without editor, 1928.

⁴ Burlamaqui, Annibal. National Gymnastics (Capoeiragem), Methods and Ruled by Annibal Burlamaqui. Rio de Janeiro, without editor, 1928.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

ARTICLE 13 – The Official Nomenclature for Movements as established based on the data of Annibal Burlamaqui (Zuma) works, first to use a sports code for Capoeira, from Manuel dos Reis Machado (Ms. Bimba), founder of the second Physical Education Technical School and Vicente Ferreira Pastinha (Ms. Pastinha), founder of the first Capoeira Sports Center, as well as the classical ones which appeared afterwards, but always keeping Capoeira unity, considering distinct its game standards, through berimbau rhythm in each different values which were let as cultural heritage, as follows:

A- MOVEMENTS OF THE CAPOEIRA REGIONAL		B- MOVEMENTS OF THE CAPOEIRA ANGOLA
01- AÇOITE DE BRAÇO	40- ESCURINHO	01- AU
02- AÇOITE DE BRAÇO EM CRUZ	41- ESCURRUMELO	02- AU ROLÊ
03- APANHADA	42- ESPORÃO	03- CABEÇADA
04- ARMADA	43- FORQUILHA	04- CHAMADA ABERTA DE COSTAS
05- ARMILOQUE	44- GALOPANTE	05- CHAMADA ABERTA DE FRENTE
06- ARPINIO	45- GINGA	06- CHAMADA DA PALMA DE FRENTE
07- ARQUEADO	46- GIRO DA SEREIA	07- CHAMADA DE ENTRADA NA BARRIGA
08- ARQUEADO DE COSTAS	47- GODEME	08- CHAMADA DO SAPINHO
09- ARRASTÃO	48- GRAVATA ALTA	09- CHAPA DE COSTAS
10- ASFIXIANTE	49- GRAVATA BAIXA	10- CHAPA DE FRENTE
11- AU	50- GUARDA BAIXA	11- CORTA CAPIM
12- AU BATIDO	51- GUARDA MÉDIA	12- COTOVELADA
13- BAIANA	52- GUARDA ALTA	13- CUTILADA DE MÃO
14- BALÃO CINTURADO	53- JOELHADA	14- ESQUIVA
15- BALÃO DE LADO	54- LEQUE	15- GINGA
16- BANDA DE COSTAS	55- MARRADA	16- JOELHADA
17- BANDA LISA	56- MARTELO	17- MEIA LUA DE COSTAS
18- BANDA TRAÇADA	57- MEIA LUA DE COMPASSO	18- MEIA LUA DE FRENTE
19- BAÚ	58- MEIA LUA DE FRENTE	19- NEGATIVA
20- BENÇÃO	59- MORTAL	20- QUEDA DE RINS
21- BOCA DE CALÇA	60- NEGATIVA	21- RABO DE ARRAIA
22- BOCHECHO	61- PALMA	22- RASTEIRA
23- BUZINA	62- PANTANA	23- ROLE
24- CABEÇADA	63- PESCOGINHO	24- TESOURA DE ANGOLA
25- CALCÂNHEIRA	64- PONTEIRA	
26- CHAPA	65- PRESILHA	
27- CHAPA DE COSTAS	66- QUEBRA MÃO	
28- CHAPÉU DE COURO	67- QUEBRA PERNA	
29- CHULIPA	68- QUEBRA PESCOÇO	
30- CINTURA ROBUSTA	69- QUEDA DE RINS	
31- COLAR DE FORÇA	70- QUEIXADA	
32- COTOVELO	71- RASTEIRA	
33- CRUCIFIXO	72- SUICÍDIO	
34- CRUZ	73- TELEFONE	
35- CRUZILHA	74- TESOURA DE COSTAS	
36- CUTILA	75- TESOURA DE FRENTE	
37- DENTINHO	76- TOMBO DA LADEIRA	
38- DESPREZO	77- VINGATIVA	
39- DUBLIESSE		

OBS: A partir destes movimentos, de Regional e de Angola, são encontradas variações.

PART III THE OFFICIAL UNIFORM

ARTICLE 14 – It is established as Official Uniform the following standard:

A- White, cotton, short-sleeved t-shirt, without embroidery, which will be inside the pants, having printed only the entity coat of arms which the Capoeirista belongs to, in the central and superior part in front, measuring 20cm x 20cm the maximum, and the back part remains for possible sponsors.

B- In national and international competitions, the athlete will have in its front superior part on the left, only the coat of arms of the sports administration entity which he represents, and the back part is free for only possible sponsors.

C- For competitions in jurisdiction basis, as Regional Open Games, the front part of the T-shirt will be used only for the legible names of the city, state or country which the athlete represents, and the Code of Arms can be together, and the back part will be used only for occasional sponsors.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

D- Totally white pants, tights style, covering till heels, with internal laces or elastic, and it is not allowed to have any print, embroidery or adornment on them.

E- It will be obliged to wear the cord or rope in the official colors inside and outside the place where it is practiced, and its length goes till the knee, on the left side.

Single Paragraph - The capoeiristas will be barefoot, with short cut nails, without any adornment, and they can not wear any metallic or cutting objects which can cause any harm to his companion, but it is allowed to wear protections on his joints.

PART IV THE OFFICIAL SYSTEM OF GRADE

ARTICLE 15 – It is established as the Official System of Grade:

OFFICIAL SYSTEM OF GRADE	
<p>A- CHILDREN GRADE (from 3 to 12 years old) 1st stage – starter: without rope and cord 2nd stage – baptized: light gray / green 3rd stage – graded: light gray / yellow 4th stage – graded: light gray / blue 5th stage – intermediate: light gray / green / yellow 6th stage – advanced: light gray / green / blue 7th stage – trainee: light gray / yellow / blue</p> <p>C- CAPOEIRA TEACHING STAFF 8th stage – Graduate: green / yellow / blue and white 9th stage - Monitor: green and white 10th stage – Instructor: yellow and white 11th stage – Foreman: blue and white 12th stage – Master: white</p>	<p>B- NORMAL GRADE (from 13 years old on) 1st stage – starter: without rope or cord 2nd stage – baptized: green 3rd stage – graded: yellow 4th stage – graded: blue 5th stage – intermediate: green and yellow 6th stage – advanced: green and blue 7th stage – trainee: yellow and blue</p> <p>D- MASTERS SUPERIOR COUNCIL 13th stage – Integrating Master: white and copper seal 14th stage – Permanent Master: white and silver seal 15th stage – Honor Master: white and golden seal</p>

First Paragraph – The stages for children grades will be guided by discovering and playing Capoeira, and the sports gestures and training will be kept in memory after the normal grade, respecting the person's own biological individuality.

Second Paragraph – The changing from the last children's grade to the normal one, will happen after the 3rd stage: yellow, since the student has lived the starting ceremony in the grade which he was previously in.

Third Paragraph – The Sports Practice Entities will be able to prepare the students till the 7th level, the maximum, and the other ones will be evaluated by specific jury at the National Entities of Sports Administration, since FICA requirements are observed, according to this document.

Fourth Paragraph – The access to the Masters Superior Council will happen only at FICA, since statutes criteria as well as technical and professional qualification are observed.

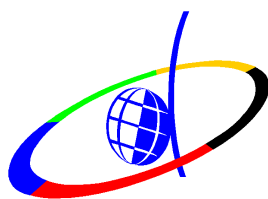
ARTICLE 16 – During the capoeirista education, the following instruments and tones will be covered:

Grade	Instruments and Tones
Starter	Voice: Clapping and Choir
Green	Pandeiro and Atabaque: Ijexá, Agogô; Ijexá, Voice: Choir
Yellow	Reco-Reco: Ijexá Voice: Ladainhas, Corridos, Martelos, Quadras and Chulas
Blue	Berimbau: Angola, São Bento Gande de Angola e São Bento Pequeno de Angola
Green and Yellow	Berimbau: São Bento Grande, Banguela e Iúna
Green and Blue	Berimbau: Idalina, São Bento Pequeno da Regional
Yellow and Blue	Berimbau: Samba de Angola, Samango, Cavalaria, Amazonas e Santa Maria

ARTICLE 17 – The minimum age limits and practice will be strictly observed to obtain the Technical Skill Register for Capoeira teaching.

Single Paragraph - Every semester, the National Entities will send to FICA, a report with full name, level of grade and the address from the ones who were graduated temporarily by the respective Administration Entities.

ARTICLE 18 – The following minimum periods are established for promotion, according to the table below:



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

GRADE LEVELS	MINIMUM AGE	TIME IN CAPOEIRA
Student from 1 st to 7 th stage (children)	3 and 12 years old	Every year
Student from 1 st to 7 th stage (normal)	Over 13 years old	4 years and 11 months
8 th stage: Graduated	18 years old	05 years
9 th stage: Monitor	20 years old	07 years
10 th stage: Instructor	25 years old	12 years
11 th stage:	30 years old	17 years
12 th stage: Master	35 years old	22 years
13 th stage: Integrating Master – CSM	40 years old	27 years
14 th stage: Permanent Master – CSM	45 years old	32 years
15 th stage: Master of Honor – CSM	60 years old	40 years

ARTICLE 19 – It is considered attributions at teaching level:

- A-** Graduated – Technical Instructor
- B-** Monitor – Technical Sub-coordinator
- C-** Instructor – Technical Coordinator Assistant
- D-** Foreman - Technical Coordinator
- E-** Master – Technical and Cultural Supervisor
- F-** Master for Masters' Superior Council – CSM – Cultural and Technical Counselor.

ARTICLE 20 – The Master will be responsible for the work of his Foreman, Instructors, Monitors and Graduates who can not be under 18 years old, and if this impeachment occurs, the nearest Jurisdiction Administration Entity will be designed.

ARTICLE 21 – The recognition of Capoeira teachers is obliged to all who work on its teaching, and it is not linked to the sports administration entity.

First Paragraph - If the option is for the recognition, the candidate should follow strictly what is determined in this Code.

Second Paragraph – Apart from the Teaching Staff's recognition there will also be the recognition for the centers where Capoeira is taught.

Third Paragraph – If the teacher's option is only just for the recognition, he/she can neither vote at the entities, nor will be able to be appointed for any elected position or named freely, because this is only for the ones who are members of the entities.

PART V ABOUT THE QUALIFICATION FOR CAPOEIRA TEACHING

ARTICLE 22 – International Federation of Capoeira will be the only responsible for the criteria establishment and the technical qualification for Technicians, Sports Trainers, Referees and Ritmistas (the ones who produce the rhythms).

ARTICLE 23 – The graduation and qualification for Capoeira teaching will be based on competence, knowledge and specific skills, practical and theory and these will happen during the whole life.

ARTICLE 24 – All graduation and qualification for the different areas concerning professional activities at the International Sports System of Capoeira will be held under the same parameters, through Education at Distance strategies containing modules which require the necessity of being present, exams and international certification.

ARTICLE 25 – The following requirements are necessary for Capoeira Teaching Staff:

- A-** Be careful with the health – The teachers in their professional aspect must be skilled to develop actions to prevent, promote and protect the health concerning individuals and group.
- B-** Making decisions – To be able to make decisions aiming at the right usage and efficiency to evaluate and decide about the best behavior.
- C-** Communication – To have perfect verbal, non-verbal communication and reading and writing skills.
- D-** Leadership – Be ready to take positions considering the community welfare.
- E-** Administration and Management – Be ready to take management and administrative initiatives related to human, physical and material resources.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

F- Ethics - Have moral principles which should be observed during the professional life, being adapted to the relationship rules among the different members of the community as well as respect the confidential subjects when interacting with other professionals and people in general.

G- Continuous Education – The professionals must be able to learn in a continuous way, in their graduation and in their practical aspect, and in this way they will learn how to learn, being responsible to search new and updated information and keep a compromise with the education.

ARTICLE 26 – To establish procedures during the period of stages which comes before the capoeirista's graduation, some classical readings of Afro-Brazilian culture are highly recommended:

A. Raízes do Brasil (Roots of Brazil) – Sergio Buarque de Holanda

B. O Povo Brasileiro (The Brazilian People) – Darcy Ribeiro

C. Casa Grande e Senzala (Main House and Slave Quarters) – Gilberto Freyre

D. Sobrados e Mocambos (Kind of house and a place where the slaves used to hide) – Gilberto Freyre

E. Cidade Febril (Feverish City) – Sidney Chalhoub

F. Fluxo e Refluxo: Tráfico de Escravos entre o Golfo de Benin e a Bahia de Todos os Santos (The slave route between Benin Gulf and Bahia de Todos os Santos – Brazil) – Pierre Verger

G. Os Libertos: Sete Caminhos na Liberdade de Escravos da Bahia no Século XIX – (The Free Ones: The seven ways for the slaves freedom in Bahia in XIX century)

H. Agadá, Dinâmica da Civilização Afro-Brasileira – (Agadá, Afro-Brazilian dynamics of civilization) – Marco Aurélio Cruz

I. As Sete Portas da Bahia (The Seven doors of Bahia) Hector Julio Páride Bernabó “Caribe”

J. Estudos Afro-Asiáticos (Afro-Asian Studies) Cadernos Cândido Mendes

K. Documentação Jurídica sobre o Negro no Brasil (Legal Documentation about the Black in Brazil) – Francisco Sérgio Mota Soares

L. Guia Brasileiro de Fontes para a História da África, da Escravidão Negra e do Negro na Sociedade Atual (Brazilian Guide of resources for África History, Black Slavery and the Black in our present society) – Arquivo Nacional do Brasil (Brazil National File)

ARTICLE 27 – According to the procedures of the preceding Article, other readings are also suggested for the ones who will graduate in Capoeira:

A. Capoeira, Angola, Ensaio Sócio-Antropológico (Capoeira, Angola, socio-anthropological Writing)

B. Abordagens Socio-antropológicas da Luta/Jogo da Capoeira (Sócio-anthropological theories of Capoeira fight/game) – Paulo Coelho de Araújo

C. Subsídios para a Metodologia do Treinamento da Capoeiragem – (Subsidies for Capoeira Methodology Training) – Inezil Penna Marinho

D. A Negregada Instituição (Negregada Institution) – Carlos Eugenio Líbano Soares

E. A Capoeira Escrava – (The Slavery Capoeira) – Carlos Eugenio Líbano Soares

F. O Mundo de Pernas para o Ar – (A Messy World) Letícia Vítor de Souza Reis

G. A Herança de Mestre Bimba (Mestre Bimba's Inheritance) – Ângelo Augusto Decanio Filho

H. Manuscritos e Desenhos de Pastinha (Pastinha's Drawings and Manuscripts) – Ângelo Augusto Decanio Filho

I. A Herança de Pastinha (Pastinha's Inheritance) – Ângelo Augusto Decanio Filho

J. Capoeira na Escola (Capoeira in School) - Helio Campos

K. Capoeira Infantil (Children's Capoeira) – Jorge Luiz de Freitas

L. Capoeira: do Engenho à Universidade (Capoeira: from the Mill to the University) – Gladson the Oliveira Filho

M. Educação, Educação Física, Capoeira (Education, Physical Education, Capoeira) – Luiz Silva Santos

N. O ABC da Capoeira Angola, os Manuscritos de Mestre Noronha (Angola Capoeira ABC, Mestre Noronha's manuscripts) Daniel Coutinho

O. Mestre Bimba, A Crônica da Capoeiragem (Mestre Bimba, Capoeiragem Chronicle) Jair Moura

P. A Saga do Mestre Bimba (Mestre Bimba's poems/songs) Raimundo César Alves Almeida

Q. Conversando sobre Capoeira (Talking about Capoeira) Esdras Magalhães dos Santos

R. O Trivial da Capoeira (Trivial Capoeira) – Paulo César Almeida do Prado

S. O Jogo da Capoeira (Capoeira Game) Luiz Renato Vieira

T. A Capoeira Angola na Bahia – Mestre Bola

U. Vivências e Fundamentos de um Mestre de Capoeira (Life and Fundamentals of a Capoeira Master)

V. A Capuêra e a Arte da Capueragem – Ensaio Socioetimológico (Capoeira and the Art of Capoeiragem – Socioetymological Writing) Augusto Januário Passos Silva

X. Capoeira Infantil: A Arte de Brincar com o Próprio Corpo (Children's capoeira – The art of playing with his/her own body) – Jorge Luiz de Freitas

Y. Capoeira Sem Mestre (Capoeira without a teacher) – Lamartine Pereira da Costa



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

W. Capoeira: Matriz Cultural para uma Educação Física Brasileira (Capoeira – Cultural Head Office for a Brazilian Physical Education) Sérgio Luiz de Souza Vieira

Z. Da Capoeira: Como Patrimônio Cultural (Capoeira – Cultural heritage) Sergio Luiz de Souza Vieira

ARTICLE 28 – The document which allows Capoeira teaching is called International Register of Technical Qualifications which will be issued by the National Entities of Sports Administration, properly registered by FICA after all requirements being fulfilled.

First Paragraph – It is possible to obtain a temporary register for twelve months, for the ones who require it and are under education period and FICA should be informed.

Second Paragraph – While having the Temporary Register, the candidate will receive specific education, established by Qualification and Technical Standard Courses.

Third Paragraph – The issue of Technical Qualification Register will happen once a year, after all phases of education, theoretical and practical evaluation through a jury authorized by FICA. This jury will be formed by:

- A.** Two technical representatives from a state entity
- B.** One technical representative from a national entity
- C.** One technical representative from the International Entity

ARTICLE 29 – Any Capoeira teacher will be qualified without finishing all Courses in Qualification and Technical Standards specific for his level of teaching, having these subjects and stages:

- A.** Cultural and Technical Fundamentals for Capoeira Angola – 20 hour/class
- B.** Cultural and Technical Fundamentals for Capoeira Regional – 20 hour/class
- C.** Sports Management, Competitions and Refereeing – 20 hour/class
- D.** Capoeira socio-anthropological fundamentals – 10 hour/class
- E.** Philosophical Fundamentals for Capoeira Game – 10 hour/class
- F.** Emergency Aids in Sports – 10 hour/class
- G.** Theory and Practice in Sports Training – 20 hour/class
- H.** Practical Stage in Sports Events – 20 hour/class

First Paragraph – All subjects mentioned will be taught by qualified instructors by FICA, which will also define the proper contents.

Second Paragraph – The stages will only be accepted if they occur in official events from the National and State Entities of Sports Administration.

Third Paragraph – The contents mentioned in this Article will be necessary to promote every level of technical professional qualification.

PART VI ORDER AND SPORTS JUSTICE

ARTICLE 30 – The Sports System aims at keeping the sports practice, regulate and improve its quality pattern.

ARTICLE 31 – Only the Sports Administration Entities duly recognized by FICA and FICA itself will promote Capoeira sports events, and it is strictly forbidden to any other entities this kind of promotion, and if it happens a legal embargo will occur.

Single Paragraph - It is forbidden to the Sports Administration promote events which are not according to their jurisdictions.

ARTICLE 32 – With the aim to keep the sports order and respect all its acts which came from the internal management, some penalties can be applied by the Sports Administration Entities according to what is stated in the Brazilian Code for Capoeira Sports Justice – CBJDC.

- A.** Warning
- B.** Written Warning
- C.** Fine
- D.** Cessation
- E.** Break up

First Paragraph – Even if these penalties occur the sports legal administrative prosecution may happen, where both parts will have their rights to contradict and defend themselves.

Second Paragraph – The punishments mentioned in alneas D and E from this Article will only be applied after Sports Justice final decision.

ARTICLE 33 – The following forum from Sports Justice will be established in increasing order by entities of Sports Administration:



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

- A. Board of Sports Justice – JJDC – Regional and Municipal Leagues
- B. Sports Court of Justice of Capoeira – TJDC – State Federations
- C. Superior Court of Justice of Capoeira – STJDC – National Federations
- D. International Court of Sports Justice – Refereeing Court of Sports in Switzerland defined by the International Olympic Committee.

ARTICLE 34 – The dispute system at competitions, championships, tournament or similar are interlinked so if any discipline problem occurs its punishment will be applied to any tournament or championship that may be happening during the punishment period.

ARTICLE 35 – The referees' responsibilities are the attribution of points, judge any athlete caught in anti sports and anti ethic attitudes presented during his participation in an event which will result in his disqualifying, or lack of conditions in the game, and if this is the case, the disqualifying will happen, as well as interfere in the going on game, if the attitude demands an immediate intervention or by the other side, or even when the competitor can not go on.

Single Paragraph - In individual competition, the player who was harmed even if he cannot continue competing he will get the credits which will be registered in the summary.

ARTICLE 36 – In order to keep the discipline, the following punishments can be applied:

A. YELLOW CARD – Warning situation to the Capoeirista because of attitudes in disagreement with the present Code, which can be applied two times, the maximum. If the situation continues he will be declined if the score is tied.

B. GREEN CARD – Disqualifying situation and the capoeirista will be excluded from the competition.

C. RED CARD – The capoeirista will be disqualified and banned from the competition no matter if he was warned before.

Single Paragraph - When discipline matters occur, e referees who apply them, will write them down in the summary and the athletes and/or the ones who are responsible for them will be directed to the Sports Justice.

PART VII ADMINISTRATIVE DETERMINATION

ARTICLE 37 – If people are transferred from one jurisdiction to another, some application forms should be filled in, sending the respective documents to the immediate superior jurisdiction, and all the expenses related to the transference will be paid by the one who is interested.

ARTICLE 38 – FICA will recognize only one National Entity Administration in every country which will recognize only one National League and one State Entity in every State, one Regional League by region and one Municipal League in a city.

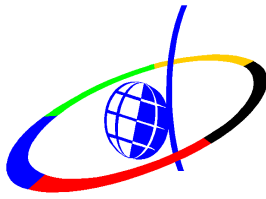
ARTICLE 39 – FICA will collect a membership tax from every National Entity Administration, which value will be the same for all countries, and will be issued by the Financial Area, in December of every year and on it there will be the different taxes for the entities: National Federations, State Federations, Regional Leagues, Municipal Leagues, Practice Entities and similar, as well as taxes for the technicians, trainers, instructors, referees, auxiliary of referees, ritmistas, athletes, and also taxes of services and profits.

PART VIII THE RESPONSIBLE FOR THE SPORTS COMPETITION

ARTICLE 40 – The Technical General Management will be responsible for the event calendar, since its schedule till the end, the report, as well as require security, ambulance, doctor, emergency equipment and the relationship with own employees and the contracted ones who will be working in the competition.

ARTICLE 41 – The Competition Director will be responsible for all equipment and human resources necessary to the event. He will also coordinate the activities for the Refereeing Director as well as the security conditions and emergency aid.

Single Paragraph - The Competition and Refereeing Directors will be dressed with formal clothes: black pants, white long-sleeved shirt, red tie and FICA symbol.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

ARTICLE 42 – Every Refereeing Team will be formed by:

- A. Competition Director
- B. Refereeing Director
- C. 01 Center Referee (by circle)
- D. 02 Side Referees (by circle)
- E. 01 Examiner (by circle)

First Paragraph – It is possible to add as many central and side referees as necessary according to the designated competition areas scheduled for the competitions but all of them are under the Refereeing Director supervision.

Second Paragraph – The Refereeing Director will be responsible for the supervision and control of all refereeing routines, the jury and the rhythm as well as the management of their material and equipment.

Third Paragraph – The Central Referee will coordinate the capoeiristas entry and exit

.at each circle, interrupting it every time it is necessary, observing if any of the participants shows an anti ethic or anti sports attitude, and if the case, disqualifying him, but trying to interfere the least as possible in the circle. He can stop it in the first minute of the game, if he believes the sequence of the game was broken, or if there is a request from the Side Referees, signing the summary and writing down the topics about discipline which may occur.

Fourth Paragraph – The Refereeing Director and the Central Referees will also be responsible to supervise if the right requested rhythm for the competition is being played and time the time taken by the capoeiristas for the game during the circle.

Fifth Paragraph – After the beginning of the circle, the Central Referee should be placed outside the official area for the competitions, trying to interfere in the circle the least as possible, entering the Game Area only when he thinks it is necessary to protect against an anti ethic or violent attitude, as well as call the attention when there is no sequence in the game, or at any deficient technique.

Sixth Paragraph – The Side Referees will be responsible for the score to each player, through black signs, size 20,0 x 15,0 cm, with adhesive marks in white color, and for this, the Central Referee will step forward (one step only) in front of each copoeirista in an alternate way and the mark will be shown to all.

Seventh Paragraph – All Referees should be wearing uniform, formal black pants and black suit, formal white long-sleeved shirt, red tie, black shoes with rubber black sole, black socks, and also wearing the specific FICA symbol.

ARTICLE 43 – The Jury will have an examiner for every area of competition, and all of them will be under the Arbitration Director' supervision, and they will give the marks mentioned by the referees in the summary from each category and will also add the points and the general classification for the capoeiristas and their entities.

First Paragraph – The examiners will be responsible for the summary with the score given by the referees.

Second Paragraph – All examiners must be wearing uniform: formal black pants, black suit, white long-sleeved shirt, red tie, black shoes with rubber black sole, black socks and also wearing FICA symbol.

PART IX

THE SPORTS COMPETITIONS

ARTICLE 44 – Capoeira sports competitions have as aim to award the candidates who show the best performances for the requirements defined in this Code, which will demand a very high level in training and understanding of all aspects that every type of competition needs, which will be taught to the athletes by their technicians and trainers during the learning process. These trainers and technicians should also have a very high degree of knowledge concerning traditions, rituals and Capoeira fundamentals which will also apply to the referees who should have this same level.

ARTICLE 45 – The following criteria will be established for the Competition Official System:

- A. Professionals – It will depend on specific legislations according to each country.
- B. Semi-professionals – The ones where the athlete will receive the financial resources for the competition.
- C. School – They will be motivated and considered of great social and educational importance.
- D. Adapted – To the handicapped and motivated in Para Olympic Committee.
- E. Amateur – They will be defined according to the International Sports Code of Capoeira.

First Paragraph – It will occur for all the above mentioned conditions, group competitions, double and individual, but no solo presentation will be allowed.

Second Paragraph – The individual competition will happen in two conditions:



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

- A. Traditional Individual Competition which will have Capoeira Angola and Capoeira Regional games, and they aim at rescuing its original aspects.
- B. Individual Competition in Contemporary Acrobatic Gymnastics in which the modern aspects of Capoeira will be shown.

ARTICLE 46 – It will be named as a technical expression: “Around the World” the entrance and the game between two capoeiristas during a Capoeira game.

ARTICLE 47 – It will be kept the attribution of points, grades from 0 (zero) to 10 (ten) for each circle, and the winners will be the ones who have got the greatest scores.

Single Paragraph – The following parameters will be considered as reference for evaluation:

- A. 0 – Not enough
- B. 1 – Not satisfactory
- C. 2 – Very bad
- D. 3 – Bad
- E. 4 – Reasonable
- F. 5 – Average
- G. 6 – Regular
- H. 7 – Good
- I. 8 – Very good
- J. 9 – Extremely good
- K. 10 – Excellent

ARTICLE 48 – The following parameters will be considered by the referees as reference for evaluation:

- A. 0 – Capoeirista without physical or technical conditions during the competition
- B. 1 and 2 – When the Capoeirista neither characterize Capoeira Angola nor Capoeira Regional
- C. 3 and 4 – When the Capoeirista does not develop the game, confusing the other player, or if he is not according to the requested rhythm.
- D. 5 and 6 – When the Capoeirista excels in the game without keeping a good technical or physical condition.
- E. 7 and 8 – When there is a right development in the game but with some not corresponding situation as rhythm, technical or physical condition.
- F. 9 and 10 – When the Capoeirista shows Capoeira Angola and Capoeira Regional, playing according to the requested rhythm, keeping a very good technical and physical condition.

ARTICLE 49 – It will be scored 0 (zero) and will be excluded from the competition the ones who are in these situations:

- A. DECLASSIFIED – Capoeirista with violent, anti ethic, anti sports attitudes or lack of respect.
- B. NON QUALIFIED – Capoeirista who does not have conditions for the game, because of lack of technical conditions, putting in danger his own and other players’ safety.

ARTICLE 50 – Before the beginning of the sports events, it will be mandatory to have an athlete previously chosen, to swear the Oath of the Athlete, which has the following text: “I swear to compete with loyalty, to respect the other players and traditions, fundamentas for Capoeira Game, keep the culture and glory of the international sports (or the name of the country)”. And after, there is the Capoeira greeting, with the sentence: “Salve a Capoeira” (a typical Brazilian greeting) and the right hand will touch the chest and the gesture will be repeated by the others, also saying: “Salve” (or maybe any other appropriate greeting according to the country).

ARTICLE 51 – The term Sports Capoeira or Sports of Capoeira is to be used for only the entities who are part of the Capoeira Sports System, established by International Federation of Capoeira, by the National Federations and the ones under its recognition, by Brazilian Confederation of Capoeira and the ones under its recognition in Brazil, established by its State Confederations, Regional Leagues and Municipal Leagues.

ARTICLE 52 – There will be specific competitions for the handicapped and school, apart from the capoeiristas who do not belong to this category, except when prosthesis can give the athlete normal condition to compete, but medical certificate must be presented.

ARTICLE 53 – The Sports Administration Entities will use the cultural material from Capoeira Angola and Capoeira Regional as a way to preserve the values and traditions of these types of games, which will be the base for analysis in official competitions.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

ARTICLE 54 – In all these situations, ancient practices of Capoeira should be kept to avoid obtaining new meanings in its fundamentals and preserve its natural and original identities.

PART X GROUP COMPETITIONS

ARTICLE 55 – In Group Competitions, the participants will develop specific movements of Capoeira Angola and Capoeira Regional which through body expression, show technical skills, control and harmony of the all group of capoeiristas during their presentation, and they will be evaluated by their performance based on traditions, harmony, technique and game volume.

ARTICLE 56 – In this kind of competition, each entity will present its capoeiristas and its own orchestra, under the guidance of its technical responsible, watching out the time given to the presentation which is 5 (five) minutes, the maximum.

Single Paragraph – The measurement of time for the Group Competition will start from the beat of the berimbau, which should start in 30 seconds, the maximum, after the competitors being called.

ARTICLE 57 – The Group will be composed by 10 (ten) elements, the minimum, and 15 (fifteen), the maximum, who will participate as instrument players, singers, choir and capoeiristas, but the technician is not allowed to take part in the group.

Single Paragraph – No group can make a presentation with less than 10 (ten) members or with more than 15 (fifteen), and the Technical Representatives for the event should not allow their presentation.

ARTICLE 58 – Three referees will be placed close to the line which delimitates the safety tape and the “intermediate” one will be also be responsible for timing. The following aspects will be evaluated:

A. TRADITION – It is concerned to the fundamentals and rituals applied to Capoeira Games, entry and exit of the circle, calls, play according to the tone, songs, respect to berimbau, etc.

B. HARMONY – It is the synchronization among the singer, musical instruments, group choir and the execution of movements according to the berimbau tones.

C. TECHNIQUE – Execution of Capoeira correct movements, searching for perfection and typical effects for the correct way and physical condition to bear the physical efforts.

D. GAME VOLUME – Execution of movements which will show an accurate style of knowledge and applied objectivity, always keeping harmony between attack and defense relations.

ARTICLE 59 – The winner will be the group who has the highest mark, as a result from the addition of all scores obtained in each style.

ARTICLE 60 – If the score is tied it will be taken the total amount of points from the first evaluation requirement, and if it still continues, from the second and so on, and even though it continues, it will be considered a technical tie.

PART XI DOUBLE COMPETITIONS

ARTICLE 61 – In double competition, each entity should participate with two doubles, the maximum, who will make a presentation with 30 seconds (the maximum) of preparation and 2 (two) minutes of game for each one, where they will develop any aspect or theme related to Capoeira Angola or Regional Game.

First Paragraph – The double will have its own orchestra, but the organizer entity should provide the musical instruments. If this does not occur, the double will not be able to present themselves.

Second Paragraph – The measurement of time for the Double Competition will start as from the berimbau tone, which will start in 30 (thirty) seconds, the maximum, after the competitors arrival. From this moment on, the time is being measured.

ARTICLE 62 – The doubles will be composed without any formal requirements for weight, age or sex.

Single Paragraph – Aiming at promoting specific events directed to underage capoeiristas, double competitions can be performed, observing the categories mentioned in this Code.

ARTICLE 63 – In double competition, three referees will be placed closed to the line which delimitates the safety tape, and the intermediate one will be responsible to time. The following aspects are:



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

- A. TRADITION** – It is concerned with fundamentals and rituals applied to Capoeira Games, entry and exit of the circles, calls, play according to the tone, songs, respect to berimbau, etc.
- B. HARMONY** – It is the synchronization among the singer, musical instruments, group choir and execution of movements according to berimbau tone.
- C. TECHNIQUE** – Performance of Capoeira correct movements, searching for its perfection and typical effects in a correct way and his physical condition to bear the physical effort.
- D. GAME VOLUME** – Performance of movements which will show an accurate style of knowledge and applied objectivity, always keeping harmony between attack and defense relations.

ARTICLE 64 – The winner will be the group who has the highest mark, as a result from the addition of all scores obtained in each style.

ARTICLE 65 – If the score is tied, it will be observed what is specified in this Code, considering the highest mark in Tradition, then Harmony and then Technique and finally Game Volume, and even though the score continues being tied, it will be considered a technical tie.

PART XII

THE TRADITIONAL INDIVIDUAL COMPETITION IN CAPOEIRA ANGOLA AND CAPOEIRA REGIONAL

ARTICLE 66 – It will be obliged in individual competitions, that the capoeiristas participate in two different game situations, as: Capoeira Angola and Capoeira Regional (São Bento Grande).

First Paragraph – In both situations each capoeirista will show his strategies for the movement completion, his technical superiority, esthetic, rhythm, attack, defense, balance and evolution, always standing out the Game aspects and not the Fight ones.

Second Paragraph – It will not be allowed movements which can hurt the opponents physically and morally on purpose, because violent attitudes, anti ethic or anti sports during the competitive events will not be justified and the athletes responsible for the infractions will be disqualified and after sent to the Sports Justice.

Third Paragraph – It will not be counted specific score having in mind any particular movement, but the harmony shown by the capoeiristas.

Fourth Paragraph – All typical effects and movements of Capoeira are allowed, but their conditions will be closely observed, as application, intensity and intent. It is not allowed traumatic movements applied in a way to put the opponent in a difficult situation, physically and morally.

Fifth Paragraph – In this kind of competition, all capoeiristas will have badges with specific numbers which will be supplied by the Board of Referees, and will also be included in the summary of the referees and examiners, as well as the number of the entity register to which the capoeirista belongs.

ARTICLE 67 – The individual competition will obey the fundamentals, traditions and rituals already established by Capoeira Angola and Capoeira Regional, where the participants will show their techniques, aims and strategies through games with capoeiristas from different entities. It is mandatory to perform two “turns” (two games) in each of the aspects required by the competition.

First Paragraph – The doubles will be composed at random, according to the tradition, and it is not allowed a game between capoeiristas from the same entity, and this situation will only be changed if it is strictly necessary, according to criteria of the Central Referee, when there is no other game option, and any anti ethic flagrant will cause disqualifying.

Second Paragraph – The game maximum time for each turn will be 2,0 (two minutes).

Third Paragraph - The other athletes who are not competing, but are under the same sex, weight and age categories which are being evaluated, will have to be placed near the outside the safety line and cannot interfere in the turn of any mode, and should answer to the choir and clap during the game, which will also be asked by the Central Referee.

Fourth Paragraph – The capoeiristas will be divided in different categories as sex, weight, age defined according to technical criteria from WHO – Worldwide Health Organization from ONU – United Nations.

ARTICLE 68 – In Individual Competitions, it will be placed 1 (one) Central Referee and 2 (two) Side Referees who will equally evaluate all the 3 (three) necessary requirements and the marks will be given according to the conceptual parameters presented by the capoeiristas.

Single Paragraph – If the score is tied, it will be taken the total amount of points from the first turn in Angola and Regional, and if the tie continues, observe if one of the athletes has “yellow card”, and if even though the score continues being tied, it will be considered a technical tie.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

ARTICLE 69 – The capoeiristas will be classified according to the points obtained from 0 (zero) to 10 (ten) by the jury, who will evaluate the following requirements:

A. TRADITION – It is concerned to the fundamentals and rituals applied to Capoeira Game, entry and exit of the circle, calls, game according to the tone, songs, respect to berimbau, etc.

B. HARMONY – It is the synchronization among the singer, musical instruments, the group choir and the movement performance according to the berimbau tone.

C. TECHNIQUE – Performance of Capoeira correct movements, searching for perfection and typical effects for the correct way and physical condition to bear the physical efforts.

D. GAME VOLUME - Performance of movements which will show an accurate style of knowledge and objectivity, always keeping harmony between attack and defense relations.

ARTICLE 70 – It is strictly forbidden in individual competitions the usage of movements which do not belong to Capoeira Angola and Regional, specialized movements, as well as the usage of strength in falls, usage of hands in attack, grab, trip up and traumatizing and projection movements.

Single Paragraph – It will not be allowed any type of knockouts even if they are not on purpose, and the one who used it will be immediately disqualified.

ARTICLE 71 – The competition area will have two concentric circles, based on not slippery hard floor, as follows:

A. Game area for Capoeira Regional (São Bento Grande): radius of 1,50m (one meter and fifty).

B. Game area for Capoeira de Angola: radius of 1,20m (one meter and twenty).

Single Paragraph – No penalties will be established for the Capoeiristas who will leave the Game Area. The Central Referee should return them to the normal space, every time that this fact occurs.

ARTICLE 72 – The turns in Capoeira de Angola will start after reverence to berimbau (Queda de Rim / Negative de Angola / Greeting with the hands to berimbau).

First Paragraph – At this rhythm the capoeirista will not be allowed to touch the other capoeirista concerning attack relations, but it will in defense.

Second Paragraph – The application of turning and direct movements whenever possible, will be done above the waist, carefully observing its conditions for application, intention and movement intensity, in a way that the opponent will never be in a situation of inferiority physically or morally, so the physical contact between the opponents will not be necessary.

Third Paragraph – In this rhythm, the capoeiristas will not be scored, when they perform a movement causing lack of equilibrium which will make them and the other copoeirista fall down.

Fourth Paragraph – Under no conditions it will be allowed to perform fatal jumps or acrobatic variations, and in this case the Referee will warn and if they happen again, the athlete can be declassified.

ARTICLE 73 – In Capoeira Angola competition, it is obliged to have the entry in “calls” or “step in two” (passo a dois) when they are due.

First Paragraph – The following “calls” are due:

A. Palma de Frente (front clap)

B. Aberta de Frente (open front)

C. Aberta de Costas (open back)

D. Sapinho (Little frog)

E. Entrada na barriga (entry into the belly)

Second Paragraph – It will be valid only one call for each capoeirista.

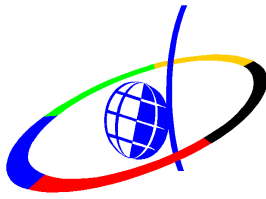
Third Paragraph – In this rhythm it will not be able to have any hand movement during the game development, except for the call tones.

ARTICLE 74 – In the competitions in São Bento Grande rhythm, it will be obliged the “ginga” and the entry in turn “Aú” extended legs and the other movements will start when the feet of both players are totally on the floor.

First Paragraph – In this rhythm the hands will not be able to touch the other capoeirista concerning attack relations, but will in defense.

Second Paragraph - The application of turning and direct movements whenever possible, will be done above the waist, carefully observing its conditions for application, intention and movement intensity, in a way that the opponent will never be in a situation of physically or mentally inferiority, so the physical contact between the capoeiristas will not be necessary.

Third Paragraph – In this rhythm the capoeiristas will not be scored, when they perform a movement causing lack of equilibrium which will make them and the other capoeirista fall down.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

Fourth Paragraph - Under no conditions it will be allowed to perform fatal jumps or acrobatic variations, and in this case the Referee will warn them and if they happen again, the athlete can be disqualified.

PART XIII

MODERN GYMNASTIC-ACROBATIC COMPETITIONS

ARTICLE 75 – Besides the calendar for traditional official competition in Capoeira Angola and Capoeira Regional, gymnastic-acrobatic competition of Capoeira in its modern way, may also happen presenting different cultural aspects of Capoeira, keeping an equilibrium between tradition and modernity, where the participants will be evaluated in the following items:

- A. ESTHETIC – Standard for visual presentation and group performance;
- B. EQUILIBRIUM – Keep body control in movements or motionless situations;
- C. GAME SKILLS (for body movement) – Establishing attack and defense relations with efficiency;
- D. STANDARDS FOR GYMNASTIC – Of strength, flexibility, stretch, turns, typical effects and postures;
- E. BODY LANGUAGE – Showing a non verbal communication through the movements.
- F. CHOREOGRAPHY – Conditions and movements for the presentation;
- G. GAME EQUILIBRIUM – Performance and endurance presented during Capoeira Game;
- H. GENUINE CULTURE – Keeping the specific values of Capoeira Game;
- I. EFFICIENCY – Game inside an action area which demands a reaction from the opponent in body relations;
- J. TECHNIQUE – Movement performance looking for its perfection with less waste of energy.

First Paragraph – For this competition performance the band should be composed by:

- A. One pandeiro (tambourine)
- B. Three berimbaus: viola, medio and barra boi
- C. One atabaque

Second Paragraph – The game area for this kind of competition will be 2,00 m of ray.

Third Paragraph – In this kind of competition, it will be allowed all kind of Capoeira movements mentioned in this Code and its typical effects, and it is also allowed to be “above” of ground, the usage of jumps and fatal jumps or variation in gymnastic or acrobatic movements.

PART XIV

RHYTHMIC ORGANIZATION

ARTICLE 76 – The formation of the percussionist group will obey a technical organizational criterion for the musical instruments and it will be formed according to its tradition.

First Paragraph – For Capoeira de Angola games there will be the following order: looking at the “bateria” (Brazilian bateria, the group of musicians) from the left to the right.

- A. 02 Pandeiros (tambourine), and one of them can be replaced by a reco-reco
- B. 01 Berimbau Viola (Toque: Rapique or Floreio)
- C. 01 Berimbau Médio (Toque: São Bento Pequeno)
- D. 01 Berimbau Guga (Toque: Angola)
- E. 01 Agogô
- F. 01 Atabaque

Second Paragraph – In Capoeira Angola competition, berimbau Gunga is the one which will start the rhythm, and will play Angola, being followed by Médio which will play São Bento Pequeno and after Viola, which will play São Bento Grande and Floreios. In the sequence, pandeiros will come and Ladainha will immediately start, and during the first choir of greetings we will have reco-reco, Agogô and Atabaque starting the “corridos” and Angola games.

Third Paragraph – For Capoeira Regional games there will be the following formation order:

- A. 01 Pandeiro (typical musical instrument for capoeira and samba)
- B. 01 Berimbau Médio – (Toque: São Bento Grande)
- C. 01 Pandeiro

Fourth Paragraph – In Capoeira Regional competition, berimbau will start the rhythm playing the tone for São Bento Grande, followed by the “pandeiros” and claps, and right after, “quadra” will start, and then the greetings, “corridos” come next and at this time the Regional Games will be starting.

Fifth Paragraph – The ritmistas should be wearing uniforms: black pants and suit, formal white long sleeved shirt, red tie, black shoes with rubber sole and black socks. They should mark the necessary rhythm requested by the competition, singing capoeira songs, whenever it is required.

ARTICLE 77 – When there are women in technical management or in refereeing functions, as well as referees, jury or ritmistas, the uniform will be accordingly: black pants and suit, formal white long-sleeved shirt, but the tie



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

will be replaced by a handkerchief in its specific colors, depending on the function the person is performing, but wearing FICA symbol.

PART XV WEIGHT, SEX AND AGE CATEGORIES

ARTICLE 78 – Based on WHO (OMS) the following categories for sex, weight and age should be considered:

- A. SMALL** - from 4 to 5 years old – only double competition
- B. SMALL A** - from 6 to 7 years old – only double competition
- C. SMALL B** - from 8 to 9 years old – only double competition
- D. CHILDREN A** – from 10 to 11 years old – only double competition
- E. CHILDREN B** – from 12 to 13 years old – only double competition
- F. TEENAGE - FEMALE** – 14 to 15 years old
 - a. Light – up to 36,00 kg
 - b. Medium – from 36,01 kg to 45,00 kg
 - c. Medium Heavy – from 45,01 kg to 54,00 kg
 - d. Heavy – from 54,01 kg on
- G. TEENAGE - MALE** – from 14 to 15 years old
 - a. Light – up to 40,00 kg
 - b. Medium – from 40,01 to 47,50 kg
 - c. Medium Heavy – from 47,51 kg to 55,00 kg
 - d. Heavy – from 55,01 kg on
- H. YOUNG ADULT - FEMALE** – from 16 to 18 years old
 - a. Light – up to 46,00 kg
 - b. Medium – from 46,01 kg to 53,50 kg
 - c. Medium Heavy – from 53,51 kg to 61,00 kg
 - d. Heavy – over 61,01 kg
- I. YOUNG ADULT - MALE** – from 16 to 18 years old
 - a. Light – up to 52,00 kg
 - b. Medium – from 52,01kg to 61,00 kg
 - c. Medium Heavy – from 61,01kg to 70,00 kg
 - d. Heavy – over 70,01 kg
- J. ADULT FEMALE** – from 19 to 29 years old
 - a. Light – up to 53,00 kg
 - b. Medium – from 53,01 kg to 59,50 kg
 - c. Medium Heavy – from 59,51 kg to 66,00 kg
 - d. Heavy – over 66,01 kg
- K. ADULT MALE** – from 19 to 29 years old
 - a. Light – up to 68,00 kg
 - b. Medium – from 68,01 kg to 77,50 kg
 - c. Medium Heavy – from 77,51 to 87,00 kg
 - d. Heavy – over 87,01 kg
- L. SENIOR FEMALE**– from 30 to 40 years old
 - a. Light – up to 55,00 kg
 - b. Medium – from 55,01 kg to 61,50 kg
 - c. Medium Heavy – from 61,51 to 68,00 kg
 - d. Heavy – over 68,01 kg
- M. SENIOR MALE** – from 30 to 40 years old
 - a. Light – up to 69,00 kg
 - b. Medium – from 69,01 to 78,50 kg
 - c. Medium Heavy – from 78,51 kg to 88,00 kg
 - d. Heavy – over 88,01 kg
- N. MASTER FEMALE** – over 41 years old
 - a. Light – up to 60,00 kg
 - b. Medium – from 60,01 kg to 66,50 kg
 - c. Medium Heavy – from 66,51 kg to 73,00 kg
 - d. Heavy – over 73,01 kg
- O. MASTER MALE** – over 41 years old
 - a. Light – up to 67,00 kg



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

- b. Medium – from 67,01 kg to 78,00 kg
- c. Medium Heavy – from 78,01 kg to 89,00 kg
- d. Heavy – over 89,01 kg

P. ABSOLUTE - Exclusive and voluntary competition for the ones ranked first place in other categories, where the technical prominences in the competition will be obtained, and there will be the unification of weight and ages, Adult and over, separated only by sex categories.

Single Paragraph – The athletes will be weighted in a maximum period of twelve hours before the competition, and they should be wearing uniforms, and it is not allowed to gain or lose weight to be included in upper or lower categories different from the ones they are registered.

PART XVI

GENERAL CLASSIFICATION AND OFFICIAL RANKING

ARTICLE 79 – For the purpose of general classification in competitions, as well as the ranking for capoeiristas and technicians and ranking for sports entities or sports administration, the following scores by jurisdiction in participation will be considered: Municipal, Intercity, State, Regional, National and International Championships, and for each one the following score will be considered and added every event:

- A. 1st place – 13 points
- B. 2nd place – 08 points
- C. 3rd place – 05 points
- D. 4th place – 03 points
- E. 5th place – 02 points
- F. 6th place – 01 point

First Paragraph – The Sports Administration Entity which has performed the competition, will have 60 days (sixty days), the maximum, to send to Bureau of National Entity of Administration, the event report with the obtained classification by the capoeiristas, who should have a register on them.

Second Paragraph – The national ranking will be counted by the National Entity of Sports Administration recognized by International Federation of Capoeira, which will receive the report from these events.

PART XVII

THE CONTEST FROM THE THEORETICAL WORKERS

ARTICLE 80 – Having in mind the educational and cultural aspects which involve Capoeira, as well as the necessity of the reproduction and spread of its contents, and motivate the scientific research, it is also established, the subject of Contests for Theoretical Work.

ARTICLE 81 – According to the Technical Committee it will be possible to organize events with the following categories:

- A. ARTICLES or ESSAYS - Scientific initiation, Brazilian Association for Technical Rules – ABNT, Ariel letter 12, 1,5 space, having 10 to 30 pages.
- B. SCHOOL WORK – Posters and compositions of different nature.
- C. SEMINARS – Thirty minutes of theoretical exposition and followed by 30 minutes for debates.
- D. PANELS – Research presentation through posters.

ARTICLE 82 – The Technical Work Contest will represent the opportunity for the capoeirista show his/her theoretical knowledge about Capoeira.

First Paragraph – Some main aspects can come up:

- A. History
- B. Nature
- C. Social aspects
- D. Cultural aspects
- E. Political aspects
- F. Philosophical aspects
- G. Mystical aspects
- H. Musical aspects
- I. Projections
- J. Clothing
- K. Competition System
- L. Other concerning themes



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

ARTICLE 83 – The theme to be presented will have a definite time according to the category specified in the Contest Regulation which will be exposed with audio and visual resources, without rough reading resources and debates and controversies may not occur.

ARTICLE 84 – All the tasks should have synopsis and used bibliography and should be delivered in due time according to the Regulation, in four pages, original content.

ARTICLE 85 – The Cultural Management will coordinate the chose of four examiners, intellectually prepared to evaluate the mentioned tasks, considering the following items for general classification:

- A. Presentation Technique
- B. Content

ARTICLE 86 – If the score is tied, it will be considered the highest sum from the first item, and then the second. If the tie continues, an analysis among the judges will be made, having in mind the most important sports or cultural aspects.

ARTICLE 87 – The tasks will be ranked from 1st to 8th place, and will be part of the general files of Sports Administration Entity which is responsible for the mentioned contest, and they can be published only if their authors allow.

PART XVIII CONTEST FOR UNPUBLISHED SONGS

ARTICLE 88 – Taking also into consideration the musical and rhythmical aspects concerning Capoeira Art, it will be organized in agreement between Technical and Cultural Management, contests which should aim at creating Capoeira Songs.

ARTICLE 89 – Only unpublished songs can be enrolled and should belong to the following pre-established categories:

- A. Ladinhas – (typical term for Capoeira) – Strophes with composition, challenge, dialogue and signals in the game entry, starting with “IÊ”.
- B. Corridos (typical term for Capoeira) - Strophes with several verses metric variable and does not begin with “IÊ”.
- C. Quadras – (typical term for Capoeira) – Metric strophes with four verses and periodical rimes.
- D. Martelo – (typical term for Capoeira) Metric strophes without metric and without rimes.

ARTICLE 90 – 04 (four) copies of the songs will be delivered in due time to the Event Organizing Committee.

ARTICLE 91- The Cultural Management will summon 03 (three) judges duly prepared to evaluate the songs, and the following aspects should be analyzed.

- A. Tradition, Fundamentals and Meaning
- B. Music
- C. Orchestra Harmony
- D. Berimbau Rhythm

ARTICLE 92 – If the score is tied, it will be taken the sum of the first item, and then, the second, the third and the fourth one. If the tie continues, a consensus among the jury will be considered, observing the tasks which presented higher sports or cultural importance.

PART XIX REFEREES' FORMATION

ARTICLE 93 – Only International Federation of Capoeira will be able to qualify the referees in their several levels, through courses and improvement aiming at excelling and standardize the technical, cultural, sports, educational and administrative procedures related to the development of the games for competition.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capeira-fica.org

capeira.fica@gmail.com

ARTICLE 94 – To participate in Referees' Education Courses, any capoeirista can be enrolled since he/she is registered in National Entity of Sports Administration, as Teachers of Capoeira (graduated, monitor, instructors, foremen or masters), as well as in International Federation of Capoeira.

ARTICLE 95 – The jury and ritmistas will be considered capable by FICA since they obey its patterns and the following qualifications will be obtained according to the technical level in different categories:

- A. Teachers, students or laymen, jury.
- B. Teachers or students with musical knowledge: Ritmistas.

ARTICLE 96 – The Referee course will be divided in four modules with 80.00h (eighty hours) each, as:

- A. Capoeira Angola
- B. Capoeira Regional
- C. Capoeira Socio Anthropological fundamentals.
- D. Refereeing techniques.

Single Paragraph – At the end of each module, the students will have a theoretical evaluation from their curriculum contents, and it will be approved only the ones who will have the maximum grade, which means, 10,0 (ten) which will be obtained by education processes and theoretical and practical continuing evaluation. They will have to have a practical stage of 20.00 (twenty hours) the minimum, in the next competition where they will wear the official uniform, no wages, and right after their participation is confirmed and a favorable report comes from the Competition and Refereeing Directors, which means the course is complete and a certificate will be issued.

ARTICLE 97 – The courses for Referees' Education will be given only by Technical Instructors duly registered by International Federation of Capoeira– FICA.

ARTICLE 98 - The following levels are established to promote a referee career:

- A. State Referee
- B. National Referee
- C. International Referee

ARTICLE 99 – FICA will establish promotion criteria, considering the following items:

- A. Refereeing Behavior
- B. Participation in Competitions
- C. Act as Central Referee and Refereeing Director
- D. Participate in Improvement Courses and Refereeing Conventions
- E. Practical and Theoretical Evaluation

ARTICLE 100 – The referee behavior must be exemplary considering he is an authority inside a competition area and will have as task, conduct the competitions in their several aspects, and observe the following items:

- A. Be always attentive during the games, as working in the center or in any of the sides.
- B. Keep respectful behavior during the competition and in any other situation that may occur.
- C. Do not wear caps, or earrings, or extravagant adornment.
- D. Do not drink alcoholic drinks and/or drugs before, during or after the competition.
- E. Do not smoke in the competition area.
- F. It is not allowed during the competition, to talk with any person who is participating in the competition.
- G. Do not leave the competition area without authorization.
- H. It is now allowed to give any instruction to the athletes, in the different refereeing functions, during the Round the World.
- I. Every time the Referee needs to replace another one in different functions, do Capoeira greetings.
- J. Wait for the substitution which will be controlled by the Refereeing Director.
- K. If there is any doubt about the competition, talk to the Refereeing Director.
- L. For a competition, arrive one hour in advance.
- M. Do not eat in the competition area.
- N. Keep the mobile turned off.

ARTICLE 101 – It is mandatory that all referees receive wages to work in the sports competitions, and the value will be defined according to the criteria of Sports Administration Entities, always obeying the referees' values and level of education and his administrative functions during the sports competitions.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

PART XX ANTI-DOPING CONTROL

ARTICLE 102 – It is strictly prohibited doping usage or substances, or methods forbidden by the World Anti doping Agency – WADA which are in the International Olympic Committee – COI list.

First Paragraph – In international and national sports competitions, anti doping exams will be taken according to the criteria settled by International Olympic Committee, always by lot or by indication.

Second Paragraph – The capoeiristas caught in anti-doping exams as well as the ones who are responsible for them will be sent to the Sports Justice.

PART XXI TEMPORARY STATEMENTS

ARTICLE 103 – It is mandatory to all delegation technicians, a completion of a Technical Congress which may always occur 12 hours, the maximum, before the competitions, and the entity which will not act according to this, will be disqualified.

ARTICLE 104 – All competitions will occur in a place surrounded by the spectators, which has only one access (entry) for capoeiristas, technicians, referees, authorities and other authorized people by the sports administration entity responsible for the event.

ARTICLE 105 – Any Capoeira competition will not take place without a doctor being present and with proper emergency equipment and transport in case a participant needs to be carried.

ARTICLE 106 – After the completion of every sports event, the respective responsible Administration Entity will have 60 (sixty) days to send a report to the next higher Sports and Administration Board as well as the documents proving the capoeiristas participation and classification to confirm the points for ranking purpose.

ARTICLE 107 – If there is any appeal regarding the competition results it should be sent no more than one hour after it's being informed, to the Sports Administration Entity, in letterhead duly signed by the group technician, and mention the subject of complaint and the necessary proofs.

PART XXII FINAL STATEMENTS

ARTICLE 108 – The capoeiristas who participate in sports events should have their Register Identification (Card) at National Entity of Sports Administration and the International one, when there are worldwide competitions, also having a medical certificate which allows them to practice Capoeira, responsibility terms or parents' authorization when the participants are underage, both of them valid for 30 (thirty) days, the maximum.

ARTICLE 109 – Every delegation should have its technician together, who will be wearing a uniform, suit and tie, in parades in opening and closing, and will be able to take the suit out during the event, except the tie which should be worn all the time. The women should wear formal clothes accordingly.

First Paragraph – The entity can lose points if this recommendation will not be followed.

Second Paragraph – The technicians should keep proper ethic and moral posture, considering the "Fair Play" principles, and any attitude different from these principles, will result in their disqualifying and they will be directed to the Sports Justice.

ARTICLE 110 – No State, National or International competition will be able to be performed if there is no guarantee of lodging with mattresses for the participant delegation, with at least 24 (twenty-four) hours before the beginning of the activities and the minimum of 48 (forty-eight) hours before international competitions.

ARTICLE 111 – The enrollment for the competitions will be over at least 10 (ten) days before the event performance, except when the "task notebook" ask for a longer advance.

ARTICLE 112 – This Code will be valid for all Sports Administration Entities of Capoeira.



INTERNATIONAL FEDERATION OF CAPOEIRA

Worldwide Entity of Direction, Administration and Sportive Regulation

Founded in 06 of June of 1999

Affiliated to the World Martial Arts Union

C.N.P.J. 03.680.332/0001-52

FEDERAÇÃO INTERNACIONAL DE CAPOEIRA - FICA

www.capoeira-fica.org

capoeira.fica@gmail.com

ARTICLE 113 – Any case not specified in this Code will be decided by the Technical Congresses of International Federation of Capoeira or by the Technical Sports Vice-Presidency.

Approved in General Assembly on June 10th, 1.999.

Revised on May 22nd, 2.004 at III Refereeing Convention

Revised by Technical Sports Vice-Presidency on 31st of July, 2.005

Confirmed in General Assembly on February 12th, 2.006.

Confirmed in II World Capoeira Forum – 04, 05 of July, 2009.